



HEARTY WRAP

wrap choices include

Whole Wheat | Traditional | Spinach | Tomato Basil
Please contact our catering manager for gluten-free options.

BBQ CHICKEN

romaine hearts, BBQ chicken, cheddar, roasted corn, tortilla strips and buttermilk ranch

TUNA SALAD

baby arugula, tuna (mixed with apples, dried cranberries and mayo) and chopped tomatoes

ROASTED CHICKEN PORTOBELLO

baby spinach, roasted chicken, portobello mushrooms, roasted onions and balsamic vinaigrette

PESTO CHICKEN

baby field greens, pesto chicken, fresh mozzarella, sun-dried tomatoes and balsamic vinaigrette

BLACKENED CHICKEN

romaine hearts, blackened chicken, avocado, black bean corn salsa, tortilla strips and citrus chipotle dressing

ROASTED CHICKEN & GOAT CHEESE

baby arugula, roasted chicken, goat cheese, smoked bacon and balsamic vinaigrette

TURKEY & CHEDDAR

baby spinach, smoked turkey, cheddar, avocado, almonds and buttermilk ranch

TOSSED BAKERY

CROISSANTS

SMALL...25.99 (serves 10) LARGE...49.99 (serves 20)

ASSORTED MUFFINS

SMALL...25.99 (serves 10) LARGE...47.99 (serves 18)

ASSORTED PASTRIES

An assortment of freshly baked croissant and muffins
SMALL...27.99 (serves 10) LARGE...52.99 (serves 20)



Served in a portable box, with sweeteners, creamer and stir sticks. (serves up to 10)... 15.99 (96 oz.)

DESIGN YOUR OWN BOX

Choose 2 sides - chips, cookies, apple or bread

PREMIUM SALADS... 9.99

CLASSIC SALADS... 8.99

GOURMET SALADS... 12.99

ARTISANAL SANDWICHES... 9.99

HEARTY WRAPS... 9.99

* We will label and package each person's meal and deliver it as a group order. Minimum order may apply



SWEET TREATS

SWEET TREATS PLATTER

assortment of freshly-baked cookies and brownies

Small (serves up to 10)... 15.99

Large (serves up to 20)... 29.99

FRESH FRUIT PLATTER

assortment of seasonal fresh cut fruit (serves up to 10)... 29.99

BEVERAGES

APPLE JUICE...2.29/ea

ORANGE JUICE... 2.29/ea

BOTTLED BEVERAGES... 2.29/ea

BOTTLED WATER... 1.99/ea

ASSORTED 2 LITER BEVERAGES... 4.99/ea

THE GALLERIA AT FORT LAUDERDALE

2414 E Sunrise Blvd,
Fort Lauderdale, FL 33304
954.537.1477

TOWN CENTER AT BOCA RATON

6000 Glades Rd,
Boca Raton, FL 33431
954.537.1477



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MADE TO ORDER SALADS

PREMIUM SALADS

SMALL... 32.99 (serves 5-7) LARGE... 49.99 (serves 8-10)

CHICKEN CAPRESE

romaine hearts, blackened chicken, avocado, chopped tomatoes, fresh mozzarella and balsamic vinaigrette

SOUTHWEST BLACKENED CHICKEN

romaine hearts, blackened chicken, feta, black bean corn salsa, avocado, chopped tomatoes, tortilla strips and citrus chipotle dressing

BBQ CHICKEN

romaine hearts, BBQ chicken, cheddar, roasted corn, chopped tomatoes, roasted onions, tortilla strips and citrus chipotle dressing

SWEET BEETS

baby spinach, quinoa, beets, goat cheese, red onions, chick peas and pomegranate açai vinaigrette

APPLE WALNUT

romaine hearts, roasted chicken, crumbled blue cheese, apples, walnuts, golden raisins and honey balsamic vinaigrette

ASIAN CHICKEN

romaine hearts, roasted chicken, carrots, edamame, almonds, mandarin oranges, wonton crisps and asian sesame ginger dressing

TUNA SALAD

baby field greens, tuna (mixed with apples, dried cranberries and mayo), avocado, carrots, cucumbers and honey balsamic vinaigrette

MANGO CRANBERRY

baby field greens, roasted chicken, mango, goat cheese, almonds, cucumbers, dried cranberries and balsamic vinaigrette

GREEK

romaine hearts, grape tomatoes, cucumbers, olives, feta, fresh peppers, pita chips, red onions and greek vinaigrette

✓ Vegetarian ○ Signature Items

Greek Salad



CLASSIC SALADS

SMALL... 26.99 (serves 5-7) ADD Chicken...5.99, Shrimp...9.99
LARGE... 39.99 (serves 8-10) ADD Chicken...9.99, Shrimp...15.99

CAESAR

romaine hearts, shaved parmesan, croutons and caesar dressing

FARMHOUSE

baby field greens, grape tomatoes, cucumbers, carrots, golden raisins, sunflower seeds and fat free raspberry vinaigrette

GOURMET SALADS

SMALL... 37.99 (serves 5-7) LARGE... 54.99 (serves 8-10)

CHEF

romaine hearts, smoked bacon, turkey, cheddar, apples, eggs, croutons and honey balsamic vinaigrette

COBB

romaine hearts, roasted chicken, crumbled blue cheese, grape tomatoes, egg, smoked bacon, roasted onions and blue cheese dressing

CAYENNE SHRIMP

romaine hearts, cayenne shrimp, avocado, grape tomatoes, roasted onions, black bean corn salsa, tortilla strips and citrus chipotle dressing

* Salad Dressings

CLASSIC	Caesar • Blue Cheese GF • Buttermilk Ranch GF Balsamic Vinaigrette GF DF • Extra Virgin Olive Oil GF DF
BOLD	Asian Sesame Ginger DF • Citrus Chipotle GF DF • Greek Vinaigrette GF Honey Balsamic Vinaigrette GF DF • Pomegranate Açai Vinaigrette GF
LIGHT	Balsamic Vinegar GF DF • Dijon Honey Mustard LF • Red Wine Vinegar DF Raspberry Vinaigrette GF FF DF • Honey Apple Champagne GF DF

GF Gluten-Free LF Low-Fat FF Fat-Free DF Dairy-Free

*Before placing your order, please inform your Tossed® Team Member or Catering Director if a guest in your party has a food allergy. Special dietary needs may be accommodated, separately packaged and labeled.

SANDWICHES & WRAPS

SANDWICH PLATTER (choose any sandwiches)

SMALL... 49.99 (10 half sandwiches, serves 5-10)
LARGE... 97.99 (20 half sandwiches, serves 10-20)

WRAP PLATTER (choose any wraps)

SMALL... 45.99 (10 half wraps, serves 5-10)
LARGE... 89.99 (20 half wraps, serves 10-20)

MIXED PLATTER (mix sandwiches any wraps)

SMALL... 47.99 (10 half sandwiches and wraps, serves 5-10)
LARGE... 95.99 (20 half sandwiches and wraps, serves 10-20)

All sandwich & wrap platter served with chips or apples

ARTISANAL SANDWICHES

bread choices include

French Baguette | Multi-Grain | Classic Sliced Bread

TURKEY & AVOCADO

smoked turkey, cheddar, baby field greens, avocado, sliced tomatoes and fat free honey dijon

TUNA SALAD

tuna (mixed with apples, dried cranberries and mayo), baby arugula and sliced tomatoes

BLACK FOREST HAM & SWISS

ham, swiss cheese, romaine hearts, sliced tomatoes and fat free honey dijon

ROAST BEEF & CHEDDAR

roast beef, romaine hearts, cheddar, cucumbers, sliced tomatoes, red onions and mayo

TURKEY BLT

smoked turkey, smoked bacon, romaine hearts, sliced tomatoes and mayo

CAPRESE

fresh mozzarella, sliced tomatoes, basil with balsamic vinaigrette

ROASTED VEGGIE

portobello mushrooms, peppers, onions and shaved parmesan

Turkey & Avocado



HOT SOUPS

ask about our SOUP OF THE DAY!

\$15.99 (serves 4)